

Proximal Attachment

The **ninth intercostal externus** muscle arises from the lower border of the ninth rib.

Distal Attachment

Posteriorly the fibers pass obliquely infero-laterally, while anteriorly they pass infero-medially to insert onto the superior border of the tenth rib. It extends from the tubercle, where it blends with the posterior fibers of the superior costotransverse ligament, to the costochondral junction, where it continues as the external intercostal membrane attaching to the sternum.

Nerve Supply

The ninth intercostal externus muscle is supplied by the ninth intercostal nerve.

Action

The ninth intercostal externus muscle most is active during inspiration, but the primary role is with the ninth intercostal internus to stiffen the chest wall during respiration.